



The Episcopal Church Women

Diocese of Central Pennsylvania

Annual Gathering of the ECW - April 24, 2010

St. Edwards Episcopal Church, Lancaster, PA

NURTURING YOUR JOURNEY

“The journey with others begins in the birth of an uttered prayer etched on the hearts of those who care.” – Jocelyn Sherman. The Episcopal Church Women’s Board is pleased to host Cass Jendzurski as our keynote speaker. Cass studied therapeutic music and received certification as a professional therapeutic musician. Cass has been the coordinator and trainer voluntarily for ‘Songs for the Journey’ since its conception. Her training as a professional therapeutic musician that is shared with her volunteer members enhances the quality of comfort care that they provide. ‘Songs for the Journey’ is a nondenominational volunteer music ministry designed to bring peace and comfort to the dying and their families through music.

Workshop presentations:

‘Nurturing the ECW’ – presented by Amy Swiernik. Explore ideas and information on how to revitalize and nurture the ECW in your parish or to start an ECW. By recognizing the importance of working together as One Body, we become one great company of disciples through our spirituality and mission.

‘Personal Prayer and Meditation’ – presented by Rev. Jennifer Looker. Experience focused prayer and meditation on a personal level with Rev. Jennifer Looker from St. John’s Episcopal Church in Lancaster. This personal time spent with our Lord can reach you at your very core and is a very spiritual and sacred experience.

The Saturday schedule is as follows:

8:30 – 9 am - Registration and Light Continental Breakfast.

9 – 11:30 am – Annual Review and Workshops entitled: ‘Nurturing the ECW’ and ‘Personal Prayer and Meditation’.

11:45 – Eucharist - Rev. Nathan Baxter and Rev. Stephen Casey concelebrating.

12:30 – Lunch

1:30 – 2:30 Keynote Speaker Cass Jendzurski – “Songs for the Journey”.

2:30 – Song and closing prayer.

Early Registration for the Annual Gathering is advised and available through Beth Runkle. Make checks payable to: **Diocese of Central PA ECW**. Send to Beth Runkle, 543 Mockingbird Drive, Columbia, PA 17512.

For those wishing to come on Friday evening, a block of rooms has been reserved at the Westfield Inn and Suites, 2929 Hempland Road, Lancaster, PA 17601 under Episcopal Church Women, for \$59.00 per night for double occupancy until April 2, 2010. Reservations can be made at 1-800-547-1395. www.westfieldinn.com

We look forward to our gathering for worship, celebration and fellowship.

The \$15.00 registration and fee should be received by April 15, 2010. Questions and contact information for Amy Swiernik, Diocesan ECW President: 717-285-2036 or amyecwcpa@comcast.net

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Name: _____ Address: _____

Parish: _____ Number attending: _____ Total Amount enclosed: _____